

Children's Mental Health and Wellbeing: **A Graduated Response**

Wave 1 Universal provision	Wave 2 Specific, additional and time-limited intervention	Wave 3 Targeted, specialist provision highly tailored to need
We ensure that our curriculum provides all children with knowledge and skills that ensure all children know how to keep themselves and others physically and mentally healthy and safe. • Embedded PSHE Curriculum in all year groups • Termly individual assessment on Wellbeing and Involvement • Regular Collective worships with Mental Health and Wellbeing focus led by staff and pupils • Displays in the school and classroom environment • Weekly Merit whole school celebration assembly • Worry boxes in every classroom, checked and actioned on a regular basis • Worry forms to request support online through Showbie. • Sports Leaders – a group of UKS2 pupils who support others throughout play and lunch times • Themed weeks/days linked to mental health awareness: Hello Yellow, Anti-Bullying Week Transition Focus • Two week transition programme to support every year group in transitioning to their next year group, into a new classroom and with new adults • Transition booklets to provide children and families • Open day to introduce families to new classroom environment and teaching staff • Two-day transition from Y6-Y7	Occasionally some children may need a little extra support. We have a team of staff who work in school to provide early help support: Learning Mentors providing targeted, bespoke support: • Daily/Weekly Check-ins • Friendship groups • Drawing and Talking • Emotional support • Building confidence and self-esteem • Coping with Change – Lego Therapy Emotional Literacy Support Assistant providing ELSA interventions	Occasionally a child may have more complex mental health needs. We can signpost and support referrals to specialist agencies such as behaviour and emotional health teams. Mental Health Support Team (MHST) We have a named Educational Mental Health Practitioner. • Small group interventions on shared need • 1:1 interventions following referral Child and Adolescent Mental Health Services (CAMHS) Individual support for emotional and mental health needs



TOGETHER WE CAN ACHIEVE

Be kind to one another and build each other up. 1 Thess 5:11